Yangla e. Kfr. Yangla Tours ● Nana Ziesche Innerlohener Str. 8 ● 83324 Ruhpolding E-Mail info@yangla-tours.de www.yangla-tours.de





Trekkingtour Ladakh 5 Persons

# 01.08.2025

# Leh - Likir/Tarutse - Saspotse

min. 400 m up, 135 m down, estimated hiking time: 4 hrs.

Pick-up from the **Ladakh Odyssey Hotel**. The drive leads to Likir, specifically to the Tarutse area (3,520 m), with a stop to visit the Likir Monastery. Shortly after the stupas in Tarutse, the trail turns northward. You follow it steadily, passing a tiny spring and continuing through a series of ups and downs until you reach a kind of panoramic path. This trail curves in a wide arc around towering mountain peaks. There's no distinct pass, but plenty of stunning viewpoints along the way.

Eventually, you'll see Saspotse below and descend along the path. Saspotse has several houses and homestays, rented out in rotation. There's a small, recently renovated monastery room and an old Lhakang with rare small wooden statues and ancient wall paintings. Important: There is no opportunity to refill water along the way, and surefootedness and a head for heights are beneficial.

Accommodation: Homestay Meals: packed lunch, dinner Others: Car, Guide, entrance-fees

## 02.08.2025

## Saspotse - Ulley

640 m up, 525 m down, estimated hiking time: 6 hrs.

From Saspotse, the trail leads up the valley to a junction where it turns into a western side valley. From here, it's a steep ascent. The terrain is often soft and sandy, which makes hiking quite strenuous. From the Kang La pass at 4,625 m, you're rewarded with wide views – 17 villages can be spotted, including a distant view as far as Chuchot. The descent also features soft ground. The easiest way down is to make your own path, sometimes jumping

Yangla e. Kfr. Yangla Tours ● Nana Ziesche Innerlohener Str. 8 ● 83324 Ruhpolding E-Mail info@yangla-tours.de www.yangla-tours.de



or sliding through the loose earth. Ulley is clearly visible below, a small and charming village with a few scattered homestays nestled in a picturesque valley. In winter, this area is known as a center for snow leopard tracking.

Important: There is no water source along the entire route, so be sure to carry enough. Due to the steep and physically demanding nature of this trail, previous trekking experience and good fitness are essential.

Accommodation: Homestay

Meals: breakfast, packed lunch, dinner

Others: Guide

#### 03.08.2025

# **Ulley - Hemis Schukpachen**

100 m up, 460 m down, estimated hiking time 4 hrs.

The trail first descends slightly before leaving the road and climbing over a pass that leads down into the village of Hemis Shukpachen.

Accommodation: Homestay

Meals: breakfast, packed lunch, dinner

Others: Guide, entrance-fees



## 04.08.2025

# Hemis Schukpachen - Ang - Leh

7 km, 310 m ascent, 490 m descent, estimated hiking time: 3.5 hours
This is a beautiful and impressive trek, though it does require some effort. Leaving Hemis
Shukpachen, the trail passes an ancient juniper grove before reaching a small pass followed
by a descent. The climb up to the Maptak La is fairly demanding, with a steep and narrow
trail. From the pass, it's possible to climb a small western hilltop for an even better
panoramic view. The descent into Ang is relatively easy. The car will be waiting there for the
pickup. On the way, you can visit the monastery in Tingmosgang, perched dramatically on a
hilltop. The return journey to Leh includes a small detour to the 1,000-year-old monastery
complex in Alchi – a cultural and historical highlight.

Yangla e. Kfr.
Yangla Tours ● Nana Ziesche
Innerlohener Str. 8 ● 83324 Ruhpolding
E-Mail info@yangla-tours.de
www.yangla-tours.de



Accommodation: -

Meals: breakfast, packed lunch Others: Car, Guide, entrance-fees

# Offer

# 260,- Euro per Pax

# The price includes:

All transportation and travel costs in a Tempo Traveller, Accommodation in 1 double and 1 triple room, Meals as specified, Entrance fees, English-speaking guide

## **Excludes:**

Flights, Other meals, Additional accommodations, Any other activities, Anything before or after the tour, Visa, Tips

### **Notes:**

- The indicated ascent/descent meters are estimated, as the exact trail is not fully traceable on Mapy.
- If you decide spontaneously to hike a different route within the Sham region, this is easily possible.
- Should there be time for additional sightseeings (without sidetrips), these are included.

