



Bicycle-Trips

Daytrips starting from Leh

A. Spituk – Chuchot – Thikse - Shey

From Leh downhill on the less frequented airport road, short main road, visit the monastery in Spituk, then through the village over the Indus bridge and from there on a very quiet road eastwards to the Choglamsar-Stok road. From there, there are several options for travelling through the long village of Chuchot. Picnic opportunity on the Indus. Cross the Indus bridge at Thikse and visit the monastery. Via side roads to Shey, palace visit, via another side road to the Sindhu Darshan site (popular car and carpet washing site and picnic facilities). From there by car to Leh.

B. Stok – Stakna – Thikse - Shey

Drive by car to the monastery in Stok (sightseeing), from there cycle to the palace, continue to Stakna (possibly a detour to Matho), visit the monastery, take a side road to Thikse Monastery, restaurants there (or picnic on the Indus beforehand) and visit the monastery. Via side roads to Shey, palace visit, via another side road to the Sindhu Darshan Site (popular car and carpet washing place and picnic facilities). From there by car to Leh.

C. Wari-la – Sakti – Chemre - xxx

By car to the less frequented Wari-la pass, from there downhill to Sakti (monastery visit) and Chemre (monastery and monk school visit) and as far as you like towards Leh (pick-up car will be called en route). Picnic options on the way

D. Khardong-la - Leh

Take the car up Khardong-la and cycle the 39 kilometres down to Leh.

Offer

We offer good mountain bikes with approx. 24 gears for these tours. Parts of the routes are very gravelly and you should definitely have experience on multi-speed bikes. You will also go very fast downhill. The bikes are serviced regularly. A guide accompanies you along the route, offers interesting facts about the monastery visits and knows nice picnic spots. The packed lunch is carried in the day rpackk (no panniers). The pick-up car can also be called in advance in case of difficulties. These tours include a guide, packed lunch, entrance fees and car journeys (except for the Khardong-la tour, where only the car journey is included).



Multiple Day Tours

A. Nubra-Valley

Firstly, the Indus Valley climbs gently eastwards to Karu and past Chemre and Sakti over the Wari-la Pass (5,250 m) into the Nubra Valley. The road leads downhill via the village of Tanggyar until it meets the Shyok River in Agham. There the road leads westwards via Rong and Khalsar along the river. The bridge is crossed in Koyak and shortly afterwards you reach the village of Tirit, where a comfortable camp offers accommodation. From there, one day takes you along the Nubra River to Panamik (Ensa hermitage, Yarab Tso lake and Samsthangling monastery can be visited) and back, the other day follows the Shyok River to Hundar (Deskrit monastery and sand dunes with camel farm can be visited) and back. Then it's over the Khardong-la (5,359 m) back to Leh. If both passes are too high for you, you can also cover the uphill sections by car.

B. Changthang

The journey leads up the Indus valley eastwards to Mahe Bridge (approx. 4,200 m). There the Indus is crossed and the road is only sometimes tarmac. Passing the village of Sumdo, the route continues over the 4,840 m high Nusgur-la Pass to Lake Thadsang Karu Kyagar Tso and on to Lake Tsomoriri (4,500 m) with the small settlement of Korzok on the western

shore. You then return to Sumdo and from there to the Puga Valley and Tsokar Lake (4,500 m). Shortly afterwards you join the Manali-Leh highway and cycle via Taglang-la (5,300 m) back to Upshi and the Indus Valley westwards back to Leh.

This tour is only suitable for well-acclimatised cyclists, as you are constantly above 4,500 m at the lakes.

C. Manali-Leh

A classic is the 467 km route from Manali to Leh over four high passes (Rothang-la = 3,978 m, Baralacha-la = 4,903 m, Lachalung-la = 5,030 m and Taglang-la = 5,300 m) from the green Hindu Kulu Valley into the largely uninhabited landscape of the Buddhist Indus Valley. The scenery is magnificent, the road is in varying condition and unfortunately relatively busy.

D. Srinagar – Padum or Leh - Padum

Zaskar is a rarely travelled region in Jammu & Kashmir. You can either start in Leh or Srinagar, both routes meet in Kargil and then lead to Padum. From Leh, the road is in better condition, which means that the cars pass you more quickly. On the other hand, you are already at the top and don't have to climb the altitude first. From Srinagar, you drive up from the fertile green valley through impressive scenery into the increasingly barren mountain world. The road is in poorer condition and has relatively heavy military traffic. However, both roads are still better than the one to Padum - instead of being jostled by many vehicles, you are surrounded by solitude. The adventurous road is 285 kilometres long and reaches its highest point at Penzi-la at 4,400 metres. The view of the huge Durung Drung glacier is very impressive.

E. Srinagar – Leh

Of course, you can also cycle from Srinagar to Leh. The route is 434 kilometres long and just as impressive as Manali-Leh. You cycle from the green Muslim high valley to the barren Buddhist Ladakh - but with fewer high passes to cross. The first is Zoji-la (3,530 m), followed by Namika-la (3,719 m) and Fotu-la (4,100 m). The route is also not so deserted, as you pass through several villages and small towns (Dras, Kargil and Lamayuru are the better known). You could do without camping tents here.

Offer

We offer these tours with tents, support vehicle(s) and cook, so you can organise the stages flexibly depending on your strength and are independent of the available accommodation (exception: A-class camps and guesthouses in the Nubra Valley). In addition, repair tools are always close at hand, you don't have to carry your large luggage on the bike, the car can take you on stages and is ready for emergencies. Please talk to us about your experience and fitness level so that we can organise the daily stages together. The bikes offered here are good mountain bikes - but perhaps you feel more comfortable with your own bike? Talk to us so that we can customise the tour to best suit your needs.